

| GRC/Campbell          |  | Lunch   |   |  | 2021-2022   |   |  |
|-----------------------|--|---|---|--|---|---|--|
|                       | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |   |  |
| W<br>E<br>E<br>K<br>1 | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Chicken Tenders w/Roll</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Mashed Potatoes<br/>Garden Salad w/Dressing<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p> | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Mandarin or General Tso<br/>Chicken</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Stir-Fried Rice<br/>Seasoned Broccoli<br/>Vegetable Egg Roll<br/>Fruit Choices<br/>Fortune Cookie</p> <p><b>Healthy Milk Choice</b></p> | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Café Burger w/Cheese<br/>Yogurt Parfait</p> <p><b>Fruit/Vegetables/Sides:</b><br/>French Fries<br/>Baked Beans<br/>Lettuce/Tomato/Pickle<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>  | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Meatball Sub<br/>Chef Salad</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Garden Salad w/Dressing<br/>Carrot Cup w/Dip<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>   | <p>Choose One Entrée:</p> <p>Pizza<br/>Popcorn Chicken w/Roll<br/>Sloppy Joe on Bun</p> <p><b>Fruit/Vegetables/Sides:</b><br/>French Fries<br/>Garden Salad w/Dressing<br/>Green Beans<br/>Fruit Choices</p> <p>Healthy Milk Choice</p>   |   |  |
|                       | W<br>E<br>E<br>K<br>2  | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Beefy Nacho</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Golden Corn<br/>Refried Bean Melt<br/>Garden Salad w/Dressing<br/>Salsa Cup<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>                             | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Hot Dog (With or Without Chili)<br/>Café Burger w/Cheese</p> <p><b>Fruit/Vegetables/Sides:</b><br/>French Fries<br/>Baked Beans<br/>Carrot Cup w/ Dip<br/>Lettuce/Tomato/Pickle<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p> | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Bean and Cheese Burrito<br/>Breaded Chicken Salad</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Fiesta Rice<br/>Garden Salad w/ Dressing<br/>Seasoned Broccoli<br/>Fruit Choices<br/>Whole Grain Dessert</p> <p><b>Healthy Milk Choice</b></p> | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Oven-Fried Chicken w/Roll<br/>Yogurt Parfait</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Mashed Potatoes w/Gravy<br/>Green Beans<br/>Cucumber Cup w/Dip<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>   | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Bosco Sticks w/Marinara<br/>BBQ Rib Sandwich</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Potato Wedges<br/>Garden Salad w/Dressing<br/>Lettuce/Tomato/Pickle<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>  |  |
|                       |  | W<br>E<br>E<br>K<br>3   | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Country Fried Steak w/Biscuit</p> <p><b>Fruit/Vegetable/Sides:</b><br/>Mashed Potatoes w/Gravy<br/>Green Beans<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>  | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Beef or Chicken Walking Tacos<br/>Yogurt Parfait</p> <p><b>Fruit/Vegetable/Sides:</b><br/>Refried Bean Melt<br/>Golden Corn<br/>Lettuce/Salsa/Cheese/Sour<br/>Cream<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p>                | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Café Burger w/Cheese<br/>Crispy Chicken Sandwich<br/>Nashville Hot Chicken Sandwich</p> <p><b>Fruit/Vegetable/Sides:</b><br/>French Fries<br/>Carrots w/Dip<br/>Lettuce/Tomato/Pickle<br/>Fruit Choices<br/>Whole Grain Dessert</p> <p><b>Healthy Milk Choice</b></p> | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Chicken Alfredo Penne Pasta<br/>w/Breadstick<br/>Rotini and Meat Sauce<br/>w/Breadstick</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Seasoned Broccoli w/ Cheese<br/>Sauce<br/>Garden Salad w/Dressing<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p> | <p><b>Choose One Entrée:</b></p> <p>Pizza<br/>Turkey Club Sub<br/>Ham Club Sub<br/>Chef Salad</p> <p><b>Fruit/Vegetables/Sides:</b><br/>Whole Grain Snacks<br/>Cucumber Cup w/Dip<br/>Lettuce/Tomato/Pickle/Banana<br/>Peppers<br/>Fruit Choices</p> <p><b>Healthy Milk Choice</b></p> |

Menu subject to change without notice

*This institution is an equal opportunity provider.*

| GRC/Campbell Menu |   | Breakfast in the Classroom   |  |  | 2021-2022   |  |
|-------------------|---|--|--|--|---|--|
|                   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |  |
| WEEK 1            | Pancake on a Stick<br>or<br>Yogurt w/Cereal Cup<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b> | Breakfast Burrito<br>or<br>Yogurt w/Pop-Tarts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>                                  | Chicken Biscuit<br>or<br>Chocolate/Powdered Mini<br>Donuts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>       | Cinnamon Roll<br>or<br>Yogurt w/Cereal Cup<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>                                 | Tornado<br>or<br>Chocolate/Powdered Mini<br>Donuts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>        |  |
| WEEK 2            | Chicken Biscuit<br>or<br>Yogurt w/Pop-Tarts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>     | Tornado<br>or<br>Chocolate/Powdered Mini<br>Donuts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>                             | Maple Pancake & Sausage<br>Sandwich<br>or<br>Yogurt w/Cereal Cup<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b> | Ham & Cheese on Hawaiian<br>Bun<br>or<br>Chocolate/Powdered Mini<br>Donuts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b> | Bacon, Egg & Cheese Biscuit<br>or<br>Yogurt w/ Cereal Cup<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b> |  |
| WEEK 3            | Chicken Biscuit<br>or<br>Yogurt w/Pop-Tarts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>     | Maple Pancake & Sausage<br>Sandwich<br>or<br>Chocolate/Powdered Mini<br>Donuts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b> | Biscuit w/ Sausage Gravy<br>or<br>Yogurt w/Cereal Cup<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>            | Tornado<br>or<br>Chocolate/Powdered Mini<br>Donuts<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>                         | Pizza Bosco Stick<br>or<br>Yogurt w/Cereal Cup<br><br>Chilled Juice<br>Fruit<br><b>Healthy Milk Choice</b>            |  |

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| AUGUST   | SEPTEMBER   | OCTOBER   | NOVEMBER  | DECEMBER   | JANUARY   | FEBRUARY  | MARCH  | APRIL   | MAY  |
|--|---|---|---|--|---|---|--|---|--|
| S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28<br>29 30 31 | S M T W T F S<br>1 2 3 4<br>5 6 7 8 9 10 11<br>12 13 14 15 16 17 18<br>19 20 21 22 23 24 25<br>26 27 28 29 30 | S M T W T F S<br>1 2<br>3 4 5 6 7 8 9<br>10 11 12 13 14 15 16<br>17 18 19 20 21 22 23<br>24 25 26 27 28 29 30<br>31 | S M T W T F S<br>1 2 3 4 5 6<br>7 8 9 10 11 12 13<br>14 15 16 17 18 19 20<br>21 22 23 24 25 26 27<br>28 29 30 | S M T W T F S<br>1 2 3 4<br>5 6 7 8 9 10 11<br>12 13 14 15 16 17 18<br>19 20 21 22 23 24 25<br>26 27 28 29 30 31 | S M T W T F S<br>1<br>2 3 4 5 6 7 8<br>9 10 11 12 13 14 15<br>16 17 18 19 20 21 22<br>23 24 25 26 27 28 29<br>30 31 | S M T W T F S<br>1 2 3 4 5<br>6 7 8 9 10 11 12<br>13 14 15 16 17 18 19<br>20 21 22 23 24 25 26<br>27 28 | S M T W T F S<br>1 2 3 4 5<br>6 7 8 9 10 11 12<br>13 14 15 16 17 18 19<br>20 21 22 23 24 25 26<br>27 28 29 30 31 | S M T W T F S<br>1 2<br>3 4 5 6 7 8 9<br>10 11 12 13 14 15 16<br>17 18 19 20 21 22 23<br>24 25 26 27 28 29 30 | S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28<br>29 30 31 |